

Thorncliffe Park Youth Wellness Hub

A welcoming space for youth aged 12 to 25 looking for support with health, wellness, employment, and other services!



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Services are free.

No health card needed!

Our team is here to help you:

- If you feel sad, alone or stressed
- If you need help with something you may not be able to talk to your family and friends about
- Get connected to employment, education and other opportunities or services close to home



Visit us: East York Town Centre, 45 Overlea Blvd. (*Entrance 6*) Monday to Friday, 11 a.m. to 7 p.m.



Scan the QR code or visit <u>ethp.ca/ThorncliffeYWHO</u> to learn more!





